


# Real people, real results

Livongo helps 700,000+ members  
worry less about managing diabetes.

 Livongo keeps me aware of my  
glucose levels without the worry  
of running out of supplies.

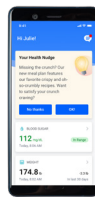
Livongo member

**\$0**  
cost to you

## With Livongo, you'll get:



**A smart blood glucose meter**  
to guide your journey



**A connected app**  
that tracks numbers so you  
don't have to



**Access to expert coaches**  
for advice on diet, lifestyle and more

## Enroll Today!

Text **"GO BCBSMT-HEALTH"** to 85240 to learn more and enroll

You can also enroll by visiting [join.livongo.com/BCBSMT-HEALTH/hi](https://join.livongo.com/BCBSMT-HEALTH/hi) or call  
**800-945-4355** and use registration code: **BCBSMT-HEALTH**

The program is provided to you and your family members with diabetes and coverage through Blue Cross and Blue Shield of Montana (BCBSMT).

Members must have primary insurance coverage through the Blue Cross and Blue Shield of Montana plan offering the Livongo program.