

## **Illness and Attendance**

Children learn better when they feel well. Here are common recommendations to help you when you need to make decisions about your child's health care needs.

**Information needed by the school --** It is important for the school:

- to have emergency telephone numbers for you, and someone else who can help, if you are not available.
- to have a contact person for you who is English-speaking.
- to know about any health problems your child now has or has had in the past.
- to be called when you are keeping your child home.
- to know if your child has a condition which could be spread to others.

**When to keep my child home --** Your school nurse recommends that you keep your child home from school when your child has any of the following symptoms or diseases:

- fever 100 F or greater within the last 24 hours.
- bacterial infections, until they have been treated with antibiotics for 24 hours.
- frequent, hard coughing.
- vomiting in the last 24 hours.
- loose, watery bowel movements in the last 24 hours.
- head lice, until they have been treated and all nits have been removed (see policy 3414P).
- generalized rashes (over multiple parts of the body), until they have been seen and diagnosed by their health care provider as non-infectious.
- Chickenpox, until all blisters have dried up and crusted over, typically 5-7 days after first blister appears.

**When to return my child to school --** Your school district nurse recommends that you return your child to school when the above symptoms or conditions have subsided or your health care provider advises that your child is healthy enough to return to school.

Please help us keep the school safe and healthy by encouraging proper hand washing techniques and basic infection control, such as coughing/sneezing into upper arm or tissue